

NAVY CHILDREN SCHOOL, MUMBAI
SPLIT OF SYLLABUS- PSYCHOLOGY 2024-2025

CLASS XI

Months	Days	Chapters	Topic/subtopic	Practical/ Projects
June/ July		1. What is Psychology? 2. Methods of Enquiry in Psychology	Understand Evolution of Psychology as science and as art, branches of psychology, application of understanding of psychology in everyday life. Its relation to other disciplines, study of seven school of Psychology Goals and important methods of enquiry in Psychology. Analysis of data using Quantitative or Qualitative Method.	Presentation on branches of psychology List various professions in the field of psychology. Presentation on various methods of enquiry.
August		2. Methods of enquiry in Psychology (cont'd)	Limitations and ethical issues of Psychological enquiry.	A case study using interview method
August/ September		4. Human Development	Life span perspective on development, factors influencing it, study important aspects each stage of development. Piaget's Cognitive development stages, gender roles, major concerns of adolescent stage: substance abuse and eating disorders.	Detail study of adolescent stage using questionnaire method.
September		CH1, CH2 & CH4	HALF YEARLY EXAMS	
October		5. Sensory, Attentional and Perceptual Processes	Nature and varieties of stimulus. Processes and type of attention, form and space perception, Illusions, role of socio-cultural factors in perception.	Make a checklist of symptoms of Attention Deficit Hyperactivity Disorder (ADHD) To measure the extent of Muller Iyer illusion

November		6. Learning	Nature of learning, classical and operant conditioning, observational learning, transfer of learning, factor facilitating learning, learning styles and principles, Learning Disabilities (LD).	Making checklist of symptoms of Learning Disabilities. Models of operant and classical conditioning
December		7. Human memory	Nature of memory, different types of memory, representation and organisation of memory, Nature and causes of forgetting, Different types of amnesia.	To study the effect of non-sense and meaningful syllables on learning.
January		7.Human memory (cont'd) 8.Thinking	Learn strategies for improving memory Nature of thinking and reasoning, cognitive processes involved in problem solving and decision making, Nature and process of creative thinking, development of language and its uses, relationship between language and thought	Activity of creative thinking and problem solving in the classroom.
February		9. Motivation and Emotion	Nature of human motivation, types and the nature of motives, Maslow's hierarchy of needs, nature of emotional expression, relationship between culture and emotions, Emotional intelligence and anger management.	Discussion and role play in the class to overcome conflicts and frustration using various strategies.
February March	REVISION AND FINAL EXAMS			